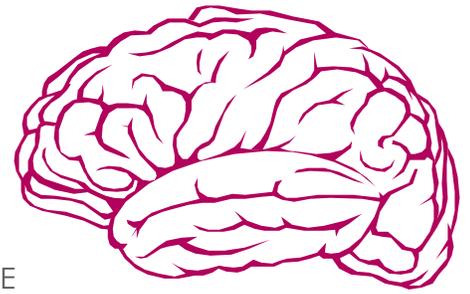


TBI Updates

TRAUMATIC BRAIN INJURY MODEL SYSTEM
UNIVERSITY OF WASHINGTON
DEPARTMENT OF REHABILITATION MEDICINE



Volume 5

Number 2

TBI Documentary: “Living With a Traumatic Brain Injury”

The University of Washington Traumatic Brain Injury Model System (UW TBIMS) in cooperation with the Trauma Foundation at Harborview, and the Washington State Department of Social and Health Services has recently produced a 30 minute documentary on Traumatic Brain Injury titled “Living With a Traumatic Brain Injury.” The documentary chronicles the lives of four patients living with traumatic brain injury. The film also shares information from experts at Harborview Medical Center and the University of Washington about the effects of brain injury. People with traumatic brain injuries may experience physical, cognitive or personality changes that affect their work and relationships. The documentary shares stories of people who are rebuilding their lives and readjusting to family, careers and everyday life.



TBI Causes & Consequences: Traumatic brain injuries can result when the head suddenly and violently hits an object or when an object pierces the skull and enters brain tissue. The injuries can be life threatening. About half of severely head-injured patients will need surgery to remove or repair ruptured blood vessels or bruised brain tissue.

Disabilities resulting from the injury can include problems with thinking, memory, reasoning, concentration, communication, as well as behavioral or mental health problems, including depression, anxiety, personality changes, aggression, acting out and social inappropriateness.

The Centers for Disease Control estimates that at least 5.3 million Americans, or about 2 percent of the United States population, currently have a long-term or lifelong need for help performing the activities of daily living as a result of a traumatic brain injury. Traumatic brain injuries contribute to a large number of deaths and permanent disabilities annually.

“Traumatic brain injuries affect thousands of people every year,” said Dr. Peter Esselman, chief of Rehabilitation Medicine at Harborview. “In 2006, 54 percent of all patients who received inpatient rehabilitation at Harborview were involved in trauma,

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Who's Who



Judy Jeong

Judy Jeong is currently enrolled in the Master's of Social Work program at the University of Washington. In addition to her studies, she is assisting in the care for an older sister with a severe disability resulting from a traumatic brain injury sustained in 2002.

She has participated extensively in her sister's rehabilitation care both as an interpreter and as a primary care giver. She has volunteered with the Brain Injury Association of Washington, and is a member of the Rehab Family Advisory Council at the University of Washington Medical Center.

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and more than half of these patients had traumatic brain injuries. Our team works to guide, educate and support these patients as they return to maximum independence in their life activities.”

Meeting the Needs of TBI Survivors and their Families

As a recognized regional and national leader in Rehabilitation Medicine, it is a major goal of the UW TBIMS to get information about TBI to survivors of brain injury and their families, the local community and government, and health care professionals.

To accomplish this goal UW TBIMS does many things including publication in relevant journals, presentations at local, regional, and national conferences, local informational campaigns and newsletters, continuing education coursework, and training of allied health and rehabilitation professionals. In addition, UW TBIMS utilizes internet and video technology to spread information locally and nationally. This is accomplished through working relationships with different groups and agencies that allow UW TBIMS to connect and network with many different consumers and providers. “Living With a Traumatic Brain Injury is UW TBIMS’ latest effort to educate the general public on the issue of traumatic brain injury.

Partnering with the Washington State Department of Social and Health Services.

In co-sponsoring the event with the Department of Social and Health Services, Aging & Disabilities Service Administration, Lead

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Who's Who

Judy Jeong

Her experience with the TBI Model System of Care at the University of Washington as a client, consumer and patient advocate make her well qualified to consult on proposed research involving care givers in the TBIMS.

In addition, Ms. Jeong is a native of South Korea, having moved to the Seattle area in 2002. She is uniquely situated to provide much needed insight into the medical and educational needs of the diverse and numerous immigrant populations in the UW TBIMS catchment area.



Seok does jump rope only if Judy does Hoolahoop together. --what I mean is I will do whatever it takes for her to move and do something, even though I have to be silly to do so.

Agency-Washington State Traumatic Brain Injury Grant, the UW TBIMS was able to assist that agency in meeting one of its primary goals of providing TBI education to the entire state of Washington.

This is a collaborative educational effort that includes many different individuals, service providers and advocacy groups in the planning and dissemination of TBI education materials to a large and diverse audience. This project is a continuation of a long standing collaboration between the Department of Social Health Services, Aging & Disabilities Service Administration and the UW TBI Model System.

Past projects with DSHS have included a video conference TBI Education Series that presented nationally recognized speakers covering topics on traumatic brain injury research, education and prevention. The events were open to anyone with an interest in the treatment and care of TBI survivors, and included a question and answer session following each presentation. Community-based providers, state agency personnel, family members, and the general public who work with or have an interest in

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TBI Education Series Available!

The TBI Educationa Series, a total of 8 sessions, covering a wide range of topics from brain injury basics to coping with the financial aftermath of TBI is available to view or download for free.

Visit the educational materials section of our website at:

www.tbi.washington.edu

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traumatic brain injuries were invited to attend. The presentations were broadcast live via a two-way video link to ten remote sites around Washington State and British Columbia. In order to reach a broad audience and to make the series accessible to individuals with limited access to local TBI resources, remote sites included both urban health centers and rural community health venues. Select sessions were also available at 8 sites in Idaho through the Idaho Virtual Grand Rounds.

To watch these informative sessions and other educational materials produced by the UW TBIMS you can visit the UW TBI website: www.tbi.washington.edu.

TBI Documentary: “Living With a Traumatic Brain Injury”

How To View or download a free copy of this film:

- To view or download a free copy of “Living With a Traumatic Brain injury,” please visit our website at www.tbi.washington.edu.

This film is currently available for viewing on the regular UWTV programming schedule. UWTV is an award-winning television channel brought to you by the University of Washington, which offers original, non-commercial educational programming—24 hours a day, seven days a week.

Since its inception in 1994, UWTV has received numerous regional and national awards for excellence in production and programming content. UWTV provides TV viewers with a unique educational resource: direct access to world-renowned scientists and researchers presenting the latest innovations in their respective fields, without interruption.

For more about UWTV, visit their website at <http://www.uwtv.org/>.

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